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LONG-TERM RELATIONSHIP *James Caan and his Sky+ box*

"Because of the hours that I keep – I'm not normally home before 11pm – I'll record my favourite shows such as *Question Time* and *Panorama* on my Sky+ box and watch them when I want. Along with my BlackBerry and a bottle of water, I take my iPad everywhere – it has an app to control the Sky+ remotely. A few taps and the 'series link' feature can grab every episode of a show.

"There are usually at least 20 programmes stacking up but, fortunately for us, we have a number of Sky+

boxes, so my children have their own. Otherwise they'd be filling up my box with *Glee* or their MTV stuff. Someone mentioned *Jersey Shore* the other day; it went right over my head. Luckily, I'm a firm believer that life begins at 50..."

James Caan's Business Secrets app is available now from the App Store

